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# *ADULT SEX TOYS GUIDE*

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## 1. Sex Toys introduction

The sex toy market has exploded in recent years, women's [sex toys](#) remain the best sellers, but sex toys for men are gaining ground quickly.

Anyone who hasn't kept up with [male sex toy](#) developments could be in for a big surprise as to how much choice is out there these days. And the sudden need to be informed about sex toys can become a reality.

Let's say for example, after several years you suddenly find yourself single following a divorce, or perhaps the break-up of a long term relationship. You feel that you're not quite ready to go out there and meet someone new, but you do admit to feeling extremely horny on weekends and some evenings and you want to do something about it. In the past you might get tempted to visit a prostitute, but with the massive advances in the male sex toy industry, and the inherent dangers of STD's, a much safer bet would be to look at what's on offer in your local mall sex toy store or with just a few clicks of a mouse online. You will be staggered.

The number one favourite sex toy for men is the artificial vagina. As the name suggests, artificial vaginas are not real, and they're not meant to be. But that does not mean that this type of male [sex toy](#) is not just like the real thing, if you get the right type of toy the results can be simply mind blowing. This is part of the reason why the male sex toy market is growing, despite the recession by 30% year on year, and some claim it's already a total market worth \$4 billion.

Of course [artificial vaginas](#) are only part of the fun; there are blowjob machines, penis pumps, cock rings, and a whole range of inventive [male masturbators](#). Online sex stores now stock a complete selection of male sex toys and many of them are carefully made from silicone 'Real Feel' CyberSkin, Futurotic, UR3 or some such other branded plastic material. The look and feel is extremely lifelike and the skin quickly warms to your touch as well.

The choice in sex toys that is available for today's sex hungry male is simply staggering. Every category, be it pocket pussies, penis pumps, cock rings or realistic vaginas has an in-depth choice to cater to every taste and every budget, from a few dollars for a cheap plastic male masturbator, right up to an incredibly authentic looking love doll at over \$10,000.



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## **2. Sex Toys History and Society**

Every generation believes it invented sex, and if you think it's this generation that invented sex toys you couldn't be more wrong. There is physical evidence of a sex toy that dates back as far as 30,000 years; a prostate massage device made of siltstone. The Mediterranean version of the dildo, the Olisbos, was widely used 500 years before Christ walked the earth. In India, elaborate penis extenders made from leather, wood or even gold were in common use in 300 BC.

As for Northern Europe, the attitude to sex and early sex toys was very much shaped by the views of the Medieval Church, and a very forbidding outlook it was. The Church felt itself qualified to advise on everything from preferred sexual positions to the number of times it was decent to have sex each week. The preferred sexual position was missionary or side by side, woman on top and from behind were outlawed. Anal sex was the work of the devil. Any man caught or discovered to be masturbating or having sex using one of the wrong positions, or on the Sabbath could be punished with the removal of the genitals. That, coupled with rampant and unchecked sexual diseases, made the medieval era a risky time for sex. These puritanical values became ingrained and travelled with the founding fathers to America in 1630 and much of America's attitudes to sex have been shaped by these principles.

Perhaps the greatest leap forward into modern sex toy technology occurred in 1869 with the introduction of a cumbersome steam driven vibrator. Invented by an American physician called George Taylor It was used as a cure for 'female hysteria' – in other words sexual excitement, and was designed to relieve doctors from the fatigue of manually massaging their female clients to relieve such tensions. Ladies of the day were not supposed to experience sexual excitement so this procedure was seen purely as a medical requirement. Incredibly, only in 1952 was female hysteria was declared not to be a medical ailment.

The first electromechanical vibrator, a much closer relative of the sex toys we know as vibrators today, was introduced in 1892 and invented by a British physician. There was however, one significant problem; he refused to use it for the relief of female hysteria and only allowed it to be used for the massage of men's muscles.

The next significant step for sex toys was the seemingly innocent discovery of latex rubber in the 1930's. This material has directly led to the development of modern latex condoms, latex sex toys and [latex fetish](#) wear.

The sexual revolution that started in 1965, and stalled only temporarily in the late 80's with the emergence of AIDS, has reincarnated itself in the shape of silicone and plastic sex toys of every description. Today, the [adult sex toy](#) is as much a fashion accessory as it is a means for sexual pleasure and new sex toys reach the market with every passing week.



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### **3. Sex Toys History and Society**

Massive advances in sex toy design and technology for men has resulted in a wealth of choice when it comes to alternative sexual pleasure. Today, men of all ages and persuasions can easily find a sex toy to brighten their day or provide solace on a lonely evening. Some of these sex toys include:

#### **Vibrators**

Male vibrators tend to be penile or dildo shaped and come in a wide variety of shapes and sizes, from beginner kits right through to mighty vibrator driven members. They can be used for internal or external massage. The [best sex toys](#) have magic bullets with multi speed controllers that can powerfully vary the intensity of the vibe once the sex toy is inserted in the anus.

#### **Penile toys**

Penile toys are a massive category and incorporate some of the most popular [male sex toys](#) on the market. These include the vast choice in pocket pussies and realistic vaginas, and the mighty Fleshlight, the world's number one selling male sex toy. Cock rings, [penis pumps](#), penis sleeves and even blowjob machines also come in this category and all are cunningly designed to create maximum pleasure for the male penis.

#### **Glass sex toys**

Glass sex toys you might think would be too fragile to be used for purposes of raunchy pleasure, but clear medical grade borosilicate glass is an entirely different matter. It is in fact a perfect sex toy material able to withstand intense temperatures for disinfecting, and extremely robust for energetic use. Glass sex toys make great dildos that not only feel good when used with anal lube but also exude cool.

#### **Nipple toys**

Not for the squeamish, but nipple toys can provide intense stimulation to the nipples by being clamped and worn under clothing. Nipple piercings have become popular for this very reason.

#### **Anal toys**

[Anal sex toys](#) are extremely popular with the gay community and are also starting to find acceptance with several straight guys as well, especially with the new range of prostate massage toys. Perennial favourites include butt plugs, which can start out modest and end up eye wateringly massive. Anal dildos and realistic penises are



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also hot sellers, and many top male porn stars have had their member moulded with incredible accuracy for use as a sex toy. One of the most impressive of these is the 17” Dick Rambone, moulded directly from Mr. Dick Rambone himself.

### **General penetrative toys**

Of course women also have a wide variety of penetrative toys they can enjoy discreetly. These include any of the fine realistic penis products on the market today, as well as a stunning range of dildos. There are also sex toys that hark back to ancient China such as ben-wa balls, which were used by concubines to thrill themselves during love making sessions with the Emperor. Another popular choice is Kegel exercisers used to strengthen the muscles of the vagina, and also providing a sexual kick.

### **Wireless sex toys**

This is a relatively new type of toy and they are proving extremely popular because with one press of a button they can be operated by remote control by another partner. For example, a pair of vibrating panties can be worn around town by a woman, and the vibrator can be set off when she least expects it, or when she is in conversation with her mother’s best friend. There are also a wide range of wireless [sex toys for men](#) including wireless vibrating tongues, wireless anal plugs and wireless vibrating toys that give amazing stimulation to the penis.



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## **4. Male Sex toys safety**

[Male sex toys](#) can be great fun to use, but there are some important safety factors to consider during use and after use to keep the sex toy in top condition.

When using any male sex toys you need to apply good quality water based lube to your penis and around the entry to the sex toy. Without lube these toys can be a very uncomfortable ride. Pocket pussies and realistic vaginas can be tight and tough to penetrate at first. Lubes reduce friction, making sex toys slippery and much more comfortable to play with.

The reason why lubes are often needed is because many sex toys are made of porous rubber (or other materials) that soak up your body's natural lubricants and can become unforgiving on the skin.

After each session hygiene is important too. Get into the habit of cleaning your [sex toy](#) with soap and warm water every time you use it. Some guys find it easier just to use a condom as it makes cleaning up a lot easier, however, even if you do use a condom, you should also rinse the sex toy as well.

If your sex toy is equipped with a motor, and many of them are these days, remember that you cannot immerse it in water. [Sex toys](#) that vibrate should be wiped with warm, soapy water and left to dry naturally. If you have a waterproof motor ideal for use in the bath, do not put it in the dishwasher for cleaning, it will not be able to withstand that the level of water temperature.

Choice of material is also important when it comes to health awareness. Silicone sex toys are usually the best choice because unlike jelly rubber, plastic and [latex toys](#), they can be disinfected by submerging them in boiling water for four minutes.

For toys made from jelly rubber, plastic and latex, clean them with warm water and a mild soap. This includes toys such as Cyber Skin or Futurotic or any of the branded synthetic skins. Jelly toys will degrade if washed with strong anti-bacterial soaps and can even melt if boiled.

When sharing a sex toy, be sure to use a condom with it. If you only use the toy for yourself, wash it after each session and disinfect it in boiling water at least once a month if it is made of silicone.



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## 5. How to use sex toys

Most male sex toys are extremely straightforward to use but can take a little longer to get used to. When you first get the sex toy from the sex store and you excitedly take it from the box, assuming for example it's a [realistic vagina](#) or a [pocket pussy](#) intended for your penis, you are going to have a good idea of how to use it. But how to get maximum pleasure from the sex toy is a different matter.

If you buy [cheap sex toys](#), you are likely to get less of a thrill than you will from a top quality sex toy, although like everything in life there are always some exceptions. However, there are no exceptions where you will enjoy the toy without using water based lube. This is an essential part of sex toy play. No sex toy as yet has natural lubrication of its own like a vagina so you have to be the one who applies the lube to your penis and to the sex toy. You risk injury if you do not use lube. Many male sex toys have remote controlled multi-speed motors on board and it takes a while to get used to operating these for maximum enjoyment. If you take it too fast to begin with it can be uncomfortable or overly stimulating, so learn to vary the speed and gradually build up.

Many guys are angry and disillusioned with [adult sex toys](#) when they first get them because of unrealistic expectations. The packaging box and the advertising copy online will tell you in no uncertain terms that the experience is 'just like the real thing' or 'even better than the real thing', in reality, you should not even try to compare the two experiences.

The real thing is of course a full on encounter with a living breathing human being, whereas sex toy [masturbators](#) are always going to be simulated. You will be disappointed if you think it is going to be like the real thing, but also you might be pleasantly surprised with your realistic vagina or other [masturbation toys](#) if you prepare yourself for a different kind of sexual experience. Some of the love tunnels have nubs and beads and air suction chambers that can be incredibly sensual. And some of the sex toys with love bullets can give you an amazing vibratory experience that you simply could not have from normal sex.

You will get more enjoyment and a longer life from your sex toys if you look after them properly. Keep them clean by rinsing and washing them after each session, and store them in a cool place. Because many sex toys are made from synthetic plastic, keep them out of direct sunlight which can melt or warp the plastic, or turn a jelly toy into nasty, sticky goo. Also, of course, keep them out of reach of curious children who may wonder what they are.



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